

We are all responsible for protecting children by reporting suspected child abuse.

To make a child abuse report, please call:

855.232.3237

FOR MORE INFORMATION
PLEASE VISIT US AT:

PCAUtah.org



CONTACT US:

2121 South State St.
Suite 202
Salt Lake City, UT 84115
801.532.3404

2955 Harrison Blvd.
Suite 104
Ogden, UT 84403
801.393.3366



**Prevent Child Abuse
Utah™**

**Keeping Your
Child Safe**

from child sexual abuse



**EDUCATE
ENGAGE
EMPOWER**



**Prevent Child Abuse
Utah™**

“SOMETIMES THE BEST THING WE CAN DO FOR OUR CHILDREN IS TO OPEN OUR EYES AND ASK THE DIFFICULT QUESTIONS. YOU NEVER KNOW WHEN THAT ONE QUESTION WILL SAVE THEM.”

-Deondra Brown of *The 5 Browns*:
Parent, Child Advocate
and Sexual Abuse Survivor

WHAT IS SEXUAL ABUSE?

Sexual abuse is separated into two categories:

Touching sexual abuse includes:

- touching a child on the private parts of their body for no reason.
- A child being forced to touch someone else's private parts.

Non-touching sexual abuse includes:

- talking about things of a sexual nature to a child
- Taking inappropriate pictures of a child
- Forcing a child to look at pornographic material

WARNING SIGNS:

- Symptoms of anxiety
- Bed-wetting
- Personality, mood or behavior changes
- Refusal to discuss secrets
- Self-destructive behaviors
- Sexual knowledge that is not age appropriate

*please note that these behaviors are just red flags of sexual abuse. A child might show these signs for reasons other than sexual abuse.

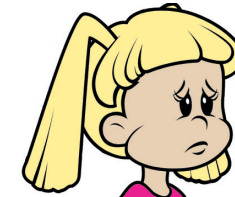
Teach your child appropriate times someone may need to touch a child's private parts. They include changing a baby's diaper, teaching a child to bathe or use a toilet, going to the doctor, and applying medication.

TEACHING PERSONAL SAFETY

- Emphasize your child's right to body privacy - every child is in charge of their own body.
- Give your child self-worth, confidence, and dignity at every opportunity.
- Let them know that they can tell you anything and that you will listen to them.
- Get to know your child's friends and their friend's families.
- Have your child make a list of at least three adults that they trust and can go to for help if they need it.

SAFETY RULES

These safety rules can help you teach your children what to do if they feel unsafe or uncomfortable:



UH - OH

Listen To Your "Uh-Oh" Feeling
Recognize anything that makes you feel unsafe.



Say "No!"
Resist by saying no and getting away.



Go Tell!
Report to a trusted adult.