

ALL ABOUT KINDNESS

POSITIVE PAINTED ROCKS CRAFT

SEVERAL COLORS OF PAINT | PAINT BRUSHES | MEDIUM SIZED ROCKS

INSTRUCTIONS:

1. Collect rocks about 3 to 4 inches wide
2. Paint entire rock with a base color, let dry
3. Once dry, write your positive quote and decorate
4. Place them all throughout your city to spread some positivity. take pictures of where you left your rock and post on social media.



KINDNESS FLOWER CRAFT

CONSTRUCTION PAPER | MARKERS | GLUE | SCISSORS

INSTRUCTIONS:

1. Write your name and draw a circle around it.
2. Cut the circle out, this will be the center for your flower.
3. Cut out large petals and write positive words that describe yourself.
4. Assemble your flower by gluing together your petals and center on another sheet of paper



KINDNESS BINGO

SCAVENGER HUNT



FRUIT FLOWER SNACK

INSTRUCTIONS:

1. Cut fruit into small shapes
2. Use fruit to create the petals of your flower.
3. Use string cheese, pretzels, or celery to create the stems.