## **HOW YOU CAN HELP**

### **Donate**

 Visit our website at TheFamilyPlaceUtah.ora



- Venmo: @family-place
- PavPal
- Use Amazon Smile when shopping

## Volunteer

- Volunteer in our Kid's Place
- Help out at events
- Join our Circle of Friends volunteer group
- Complete a service project ideal for Eagle Scouts, church groups, businesses, families, or individuals

## Somebody's Attic

When you donate or buy items from Somebody's Attic, a portion of the proceeds help support our prevention programs.

## Wish List

- View our wish list at The Family Place Utah.org
- Coordinate a supply drive
- Call 435.752.8880 for specific needs



## ABOUTUS

We were founded in 1982, originally called the Child profit 501(c)3 governed milies & protect children family-focused events.

## **HYRUM**

Norma Miller 10 N 600 E Hvrum, UT 84319

#### **LOGAN**

1525 N 200 W

435.752.8880 | TheFamilyPlaceUtah.org

#### **SMITHFIELD**

502 S Main St. Smithfield, UT 84335











## THE STARFISH PRINCIPLE

An elderly man saw a child standing on a beach throwing starfish into the ocean. Thousands of starfish, stranded by the outgoing tide, lay on the beach around them.

"Why are you throwing starfish into the ocean?" The man asked the child.

"If I don't, they'll die."

The man looked around. "But with all these starfish you can't possibly expect to make a difference."

The child picked up another starfish, tossed it into the ocean, and said,

"It made a difference to that one."

A SINGLE INDIVIDUAL (AN BE THE DIFFERENCE

## **STRENGTHENING FAMILIES & PROTECTING CHILDREN**



Questions about parenting? Concerns about your kids? **Emergency situations?** 

**Professional & Caring Support** Available 24/7

435.752.8880







# the amily

Strengthening Families & Protecting Children



435.752.8880 | TheFamilyPlaceUtah.org



## KID'S PLACE

THE PLA(E WHERE (HILDREN (AN LEARN & GROW

All Kid's Place Services Are Free

We take care of your kids 11 and younger when you need help

## **Emergency Care**

Immediate child care is provided for caregivers in the event of an emergency, when other options fall through.

- Emergency care is available 24 hours a day 365 days a year
- Length of time varies as we work with you

## **Scheduled Weekly Care**

A weekly break for caretakers.

- Care is provided once or twice a week
- A temporary service that generally offers
   6 months of care

## **Date Night**

Weekend times available so you can spend time nurturing your relationship.

## **THERAPY**

THE PLACE FOR ANSWERS

## Therapy for Families, Children & Individuals

Call to schedule a free screening to seek therapy services for yourself or your family. Our expertise includes; depression, anxiety, and family relationships.

## **Workshops & Groups**

Find positive solutions to even the most difficult challenges. Specific topics are listed on our website.

## **Specialized Therapy for Survivors of Abuse & Trauma**

Find healing through our specialized therapy services including: Sand Tray therapy, Trauma Sensitive Yoga and more.

## **Crisis Services**

Professional and compassionate help is available 24/7 by phone. We also offer crisis therapy appointments. Call 911 if you or a loved one is at risk of harm or suicide.

## **EDUCATION**

THE PLACE WHERE FAMILIES & INDIVIDUALS LEARN

## **Parenting Classes**

Find support and guidance through our positive parenting class, stepfamily courses, infant massage and other workshops.

#### **Kid's Classes**

Help your children flourish with our classes for kids, including summer camps and Kids Empowered, our body safety course.

### **Mental Health First Aid**

Become a certified Mental Health First Aider during our free 8-hour class and learn skills to help someone experiencing a mental health crisis.

## **Home Visiting**

Learn personalized parenting strategies from a trained professional in your home. From infants to teenagers, we're here to support you.

For any of our services call:

435.752.8880



# TRAUMA RESILIENCY PROJECT

THE PLACE TO HEAL

We are trained through the National Child Traumatic Stress Network to help families, children and individuals understand and overcome trauma.

# STARFISH CHILDREN'S SHELTER

## THE PLACE FOR (HILDREN TO FEEL SAFE

The Starfish Children's Shelter is a loving home for children in transition to foster care. While in shelter with us, children receive care from our highly-trained staff in a safe, home-like environment. They also begin the road to healing with trauma-informed care and counseling services from our licensed therapists.

# THE FAMILY PLACE ON THE GO

THE PLACE THAT COMES TO YOU

Call to learn about our mobile services!

# SPEAKING ENGAGEMENTS

THE PLA(E FOR EXPERT ADVICE

Bring our expertise to you! Request a speaking engagement or presentation for your business, civic group or religious organization. Popular topics include; communication, self-care, parenting, depression, and self-compassion.



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