



BEKINDUTAH

one million ways in forty days

KINDNESS SCAVENGER HUNT

Try to complete as many acts of kindness as you can over the next 7 days!

- Share with someone
- Do someone's chores
- Hug someone
- Be kind to a pet
- Help make a meal
- Draw a picture for someone
- Donate old toys or books
- Clean up someone's mess
- Visit/call relative
- Write a nice note
- Play a game with someone
- Give someone a high five
- Make someone laugh
- Pick up trash

the Family  place

Strengthening Families & Protecting Children

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