

the Family ★ *place*

*Making a
Difference
for the one*

Annual Report

2015-2016

TheFamilyPlaceUtah.org

CONTINUALLY GROWING!

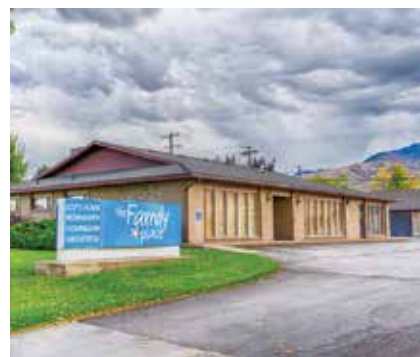
This has been a year of phenomenal growth at The Family Place. As always, we are dedicated to serving families in both Cache and Rich Counties. Our mission is to protect children and strengthen families, and with our three locations we are reaching more families than ever before!

Our Smithfield location supports families on the north end of the valley. Counseling services are available on Mondays, and various classes, workshops, and groups are also held there throughout the week. Of special note is our beautiful Sandtray Therapy Room. We have plans to further renovate the building and eventually have more services offered at this location.

Norma Miller The Family Place is our Hyrum location, which serves families on the south end of the valley. Scheduled weekly care at our Kid's Place in Hyrum cares for almost as many children as our Logan's Kids Place. Therapy appointments are offered once a week. It is also the hub for our Spanish education classes and outreach.

Our Logan Kid's Place cares for children ages 11 and younger during emergencies available 24 hours per day and also provides scheduled weekly care to families in need. We also provide educational classes, counseling services for adults and children, and family-focused events for the community. We offer the only emergency child shelter in our area through our Starfish Children's Shelter.

We are excited to embark on a new and important chapter in our history; Belva Hansen, an incredible advocate for children, has made it possible to obtain a new building that is double the size of our current location. With her generosity, and the generosity of many like-minded individuals throughout our community, we celebrated our open house on August 8, 2016, for Belva Hansen-The Family Place.



*Smithfield The Family Place
502 South Main Street, Smithfield, Utah*



*Norma Miller, The Family Place
10 North 600 East Hyrum, Utah*



*Belva Hansen The Family Place
1525 North 200 West Logan, Utah*

COUNSELING

Our compassionate clinicians are specially trained to provide support, guidance, and practical strategies to help clients overcome life's challenges, set goals, manage feelings, and develop resiliency. Therapy is available in group and individual sessions for both children and adults. Our clinicians help with anxiety & depression, marriage & family relationships, grief & loss, bullying, abuse, trauma, and more. These services are provided free of charge for qualifying individuals, allowing The Family Place to provide quality support to those who otherwise cannot afford or do not qualify for other mental health services.

A woman who had suffered physical and verbal abuse at home began healing herself and her daughter through counseling services at The Family Place. This woman says of her therapist:

“She has been by my side helping me with triggers, trauma, flashbacks, and helped me through the court trial. She was holding my hand in the courtroom when the guilty verdict was read. My life has literally been saved.”

After her 30th birthday, a woman made the decision to seek help for sexual abuse that had happened when she was 8-years-old. She says:

“These groups [at the Family Place] provided me with normalcy and the realization I was not the only one feeling the same pain, just with different stories. It also allowed me to feel what I had not felt for so long. Which in turn, helped me to move past my insecurities and begin to open myself up for happiness.”





EFFECTIVE EDUCATION!

The goal of The Family Place's education department is to provide knowledge and skills to strengthen families, increase resiliency, and to prevent abuse from occurring. We offer many classes and workshops to meet this goal, including step-parenting and parenting classes. Our classes and workshops teach families to implement appropriate techniques in areas such as discipline, choices and consequences, stress and anger management, self-esteem, communication, child development, and more.



8,653

Served by
Education

7,475

Children

1,178

Adults

8,350

Children session hours

17,340

Adult session hours

Making a difference for parents who participated in the parenting class:

“I am not as stressed out when trying to communicate with my kids.”

“The Amazing Parenting class has given me new strategies for discipline. It has also helped me to take a closer look at my parenting skills” .



KID'S EMPOWERED

Kids Empowered is the new sexual abuse prevention program to be taught in local schools, approved by the State School Board of Education. It replaces the Good-Touch, Bad-Touch program, which has been invaluable in the community. Our staff is excited about the new curriculum and they look forward to continue empowering the children and adults in Cache and Rich counties.

Parents and teachers about the Good-Touch/Bad-Touch Program:

"I think it is vital for all child to have an understanding of the dangers of sexual abuse. I think the program makes them aware of the issues in a place/way that is safe and comfortable. I appreciate being given an opportunity to be present so my children and I can use it as a base for further discussion with common terms."

-Parent of a 7 year old student, Greenville Elementary

"I loved how the program teaches specifically what sexual abuse is and what it looks like. I love this program and think all classrooms should be required to do it."

-1st Grade Teacher, North Park Elementary

"I appreciate this important information being shared and discussed with my child in an age appropriate manner!"

-Parent of an 8 year old child, Birch Creek Elementary

Good-Touch/Bad-Touch:



Presentations



**Schools
Involved**



**Adults
Educated**



**Children
Empowered**



Our Kid's Place provides support for parents and a fun environment for kids. For parents who are in a state of crisis, such as an emergency or other high stress situation, they can bring their children (11 and younger) to The Family Place for safe child care services at no cost. We offer this service 24 hours a day and seven days a week. The Kid's Place also provides scheduled weekly child care to give parents time for self-care or to attend to medical or therapy appointments. While the children are in our care, they participate in specialized activities designed to help them build coping skills and resiliency; for example, yoga and art journaling.

When a father was in crisis, he used the Kid's Place services to go home and take a breather. He and his wife have adopted several children from the Public Welfare system and have participated in the Adoption Respite program. When the father came to pick up the kids he talked with one of the nursery aides and began to cry. He repeatedly thanked the aides and The Family Place for everything they do, and for supporting him during his time of need.

1,335 Children served

877 Adults supported

538 Families receiving crisis/respite nursery

771 Children cared for through crisis care





STARFISH CHILDREN'S SHELTER

The Family Place provides shelter for children who are removed from their homes by law enforcement or the Department of Child and Family Services until other housing arrangements can be made. When children are brought to our Starfish Children's Shelter, our skilled clinicians immediately evaluate the children's mental health. Many of the children are severely traumatized and must undergo therapy to overcome the trauma. It is our priority to provide these children with a nurturing and homelike environment where they can be safe and to help them heal.

A 1-year-old cried constantly the first time she came to the Kid's Place. The next day, she and her two brothers were removed from their home and placed in shelter. A couple months later, this little girl was brought to Hyrum for respite care by her foster mom. Just one year later, that same little girl was laughing and playing by her father's side. He had gone through the Peer Parenting program and learned how to become a successful and loving father. He could not thank The Family Place enough for saving his family.

69 Children nurtured in Starfish Children's Shelter

6,103.54 Hours of care in Starfish Children's Shelter



★ ADVANCEMENT ★ ARCHIVES!

The goal of Advancement is to help expand the reach of the Family Place, and spread the mission of protecting children and strengthening families. They work to coordinate volunteers and donations, host fundraising events (like our Dinner & Auction), and sponsor family-oriented events like our Superhero Training Camp and the Princess Party.

The Family Place is proud to report that the 2016 dinner and auction was the most successful fundraiser that we have had in our history. Funds raised were over double than in the past. We express our gratitude to our community for their support.



The Dinner and Auction is our biggest fundraising event of the year. This year's theme was "An Evening At Sea".



403 pairs of children's shoes, each representing a substantiated case of child abuse in Cache and Rich Counties. This is our Steppin' Up for Children event.



Superheroes of all ages flew into our unique Superhero Training Camp. Popular superheroes oversaw many activities and crafts.



Young princesses journeyed from near and far to meet their favorite princesses and participate in games and crafts.

COMMUNITY CORNER!

The Family Place is a private, non-profit organization that is funded through grants, donations—both monetary and in-kind—as well as through many hours of service volunteered by dedicated community members and service groups.



4793.41
VOLUNTEER HOURS



655
VOLUNTEERS
17
INTERNS



Together we are making a difference!

theFamily★place

Making a Difference★

for 10,790 people during the 2015-16 fiscal year

The Family Place works tirelessly to protect children and strengthen families in both Cache and Rich counties. We work with parents and children to support good relationships and develop new approaches to family life.

1,610



were cared for in the Kid's Place.

The Kid's Place provides parents with a place to bring their children in the event of an emergency or for scheduled weekly care.

18,918 HRS.

69



children were protected in the Starfish children's Shelter

The Starfish Children's Shelter provides care for children who are removed from their homes due to abuse or neglect.

6,104 HRS.

458



children and adults received counseling.

The Family Place therapists work to empower individuals in our community to overcome the challenges they face.

8,653



children and adults participated in educational workshops, classes and seminars.

The Family Place educators build stronger families in our community through workshops for parents and children.

25,690 HRS.

“The Family Place has been a lifesaver, stress-reliever, and help, for which I will forever be grateful. There have been times I dropped off the kids, and driven away in tears of sheer gratefulness...thank you more than you know!”