

# the Family\*place 30 WAYS TO DECLUTTER

Strengthening Families & Protecting Children

**THE SPACES WE SPEND THE MOST TIME IN** can have big effect on us, and because of that, decluttering and reorganizing our spaces can be a form of self-care. Here are just 30 ways to declutter around your home. Try to declutter at least 3-5 items, reorganizing and donating items as much as you can while you declutter.

**KITCHEN UTENSILS:** Look for any broken, falling apart, old utensils, or multiples you don't need and declutter them.

**POTS AND PANS:** Lids included! Declutter any broken, rusted, old pots and pans, and match lids.

**DISHES:** Find dishes that are old, broke, chipped, or stained and declutter them. Reorganize them based on use.

**TUPPERWARE:** Look for stained, broken, old, or unmatched lids or containers and declutter them.

**KITCHEN CABINETS:** Go through your baking supplies, spices, kitchen towels, and etc. Find any old, broken, empty containers, or multiples that you don't need and declutter them.

**BATHROOMS:** Locate any empty bottles, expired skin care, old makeup, loofahs, or other toiletries and throw them away.

**MEDICINE CABINET:** Find any empty, expired, or no longer needed medicine and declutter them. Take note of any medicine or first aid supplies you may need to stock up on.

**CLEANING SUPPLIES:** Find any old, broke, empty, or no longer needed cleaning supplies. Secure potentially hazardous or poisonous cleaning supplies in a high location.

**BOOKS AND MAGAZINES:** Identify books or magazines that are missing pages, ruined, or you no longer read and declutter them. Consider donating the books you declutter to The Family Place's Lending Library.

**OTHER MEDIA:** Go through your music library and declutter any songs you no longer listen to or you don't like.

**OFFICE DESK:** Go through one or two drawers and declutter items you no longer need, like random papers, or office supplies.

**COMPUTER FILES:** Are there files that need organization, to be combined, or need to be renamed? Reorganize for efficiency.

**PAPERWORK:** Go through any paperwork and find any that need to be scanned, filed, or shredded and declutter them.

**CLOTHING:** Declutter clothes that are old, ripped, stained, discolored, or you no longer wear. A good question to ask, "Have I worn this in the past year?" If no, consider decluttering it.

**SHOES:** Identify shoes that are worn out, the wrong size, old, missing a pair, or no longer your style and declutter them.

**COAT CLOSET:** Find items that are old, ripped, don't fit, or no longer used and declutter them. Donate gently used items.

**WALLET AND BAG:** Go through your wallet and bag, find any garbage, old receipts, empty bottles, expired cards, or random papers and declutter them.

**CAR:** Look in all your cup holders, door storage, and trunk for any garbage, papers, or anything that belongs to your kids and declutter them. Consider vacuuming quickly if your kids like to populate your car with crumbs!

**GARAGE:** Look for items that are broken, falling apart, missing parts, not needed, or no longer your style and declutter them.

**PET ITEMS:** Find the pet items that are broken, over chewed, torn apart, stained, or no longer used and declutter them.

**JUNK DRAWER:** Pull out any broken items, garbage, unneeded multiples, and items that need to be put away somewhere else and declutter them. Consider not having a junk drawer, instead create a different purpose for that drawer.

**KID'S TOYS:** Involve your kids by sitting down with them and their toys and asking which toys they would like to declutter. Focus on decluttering any toys that are broken, missing pieces, outgrown, or no longer used. Thank your kids for going through their toys and decluttering with you. Consider making it a regular occurrence.

**JEWELRY:** Look through your jewelry collection, find any rings, necklaces, earring, and bracelets that are either broken, rusted, discolored, missing pairs, no longer used or no longer your style and declutter them.

**STORAGE AREAS:** If you have any other storage areas you haven't gone through, find any items you would like to declutter. Look for items that are broken, missing pieces, ripped, discolored, no longer used or no longer your style.

**SIDE TABLES:** Includes bed side tables, couch side tables, coffee tables, etc.

**HOLIDAY DÉCOR:** Go through holiday décor and find broken, falling apart, unused décor and declutter from your collection.

**FRIDGE:** Locate any old leftovers, expired, or rotting foods and throw them away. Take time to clean needed areas

**FREEZER:** Locate any leftovers, expired, or freezer burned food and throw them away. Take time to clean needed areas.

**PANTRY:** Locate any expired or rotting food and throw them away. Donate food that you don't want and is still in its use by date. Take time to clean needed areas.