Enjoy your treats, place your kindness sign in your window & share on social media with #BeKindUT & tag The Family Place.

Make two copies of the Kindness Kit from TheFamilyPlaceUtah.org.

Plan a night to do it with your family within three days. Cut out hearts, make treats, read the story together.

Choose two friends, loved ones or neighbors and secretly show them some kindness!

You’ve received kindness! Now it’s your turn to share!

One day, a man was walking along the beach when he noticed a boy picking something up and gently throwing it into the ocean. Approaching the boy, he asked, “What are you doing?”

The youth replied, throwing a starfish back into the ocean. “The surf is up and the tide is going out. If I don’t throw it back, it will die.”

“Son,” the man said, “don’t you realize there are miles and miles of beach and hundred of starfish? You can’t make a difference!”

After listening politely, the boy bent down, picked up another starfish, and threw it back into the surf. Then, smiling at the man, he said, “I made a difference for that one.”
Write an act of kindness you've received or done and let's cover Utah with kindness!

#BeKindUT

TheFamilyPlaceUtah.org
435.752.8880

BeKindUTAH
one million ways in forty days

the Family place
TheFamilyPlaceUtah.org
435.752.8880
Write an act of kindness you’ve received or done and let’s cover Utah with kindness!

#BeKindUT