



# Mental Health First Aid Certification

Free training for any adult (18+) to learn how to make a difference through the steps of ALGEE.

Assess | Listen | Give | Encourage | Encourage

**NOVEMBER 13 9:00 AM - 3:30 PM**  
**ONLINE ZOOM ROOM**  
**REGISTRATION CLOSING NOVEMBER 8TH BY 4 PM**

To register by calling 435.752.8880 or  
at [TheFamilyPlaceUtah.org](http://TheFamilyPlaceUtah.org)

*This course is valued at \$170 per participant, however, The Family Place has received a grant that allows us to offer it FREE of charge.*



**Mental Health**  
**FIRST AID**

from NATIONAL COUNCIL FOR  
MENTAL WELLBEING